



For up to date information, visit our blog at: [mlburbanyouthacademy.mlblogs.com](http://mlburbanyouthacademy.mlblogs.com)

Contact us via email at [ComptonUYA@MLB.com](mailto:ComptonUYA@MLB.com) or call (310) 763-3479

# October 2016 Baseball Workout Schedule

Workouts will be held on the dates and times listed below.

Members, please arrive 15 to 30 minutes prior to scheduled workout times.

## BASEBALL OPEN WORKOUTS BY AGE GROUPS

Academy Members may participate in workouts for their respective age group on the days listed below.

For safety reasons, members may be placed in different workout groups or instructed to attend different workouts, regardless of age, based on our assessment of their skills. **Please participate only in appropriate workouts designated by our staff.** We appreciate your understanding and cooperation in helping us create a safe and consistent development environment.

❖ TUESDAYS & THURSDAYS — OPEN WORKOUT for **Ages 13 to 17** on **Auxiliary Field**

▪ TUESDAY: 10/04, 10/11, 10/18, 10/25 5 P.M. – 7 P.M.

▪ THURSDAY: 10/06, 10/13, 10/20, 10/27 5 P.M. – 7 P.M.

❖ WEDNESDAYS & FRIDAYS — OPEN WORKOUT for **Ages 8 to 12** on **Youth Baseball Field**

▪ WEDNESDAY: 10/05, 10/12, 10/19, 10/26 5 P.M. – 7 P.M.

▪ FRIDAY: 10/07, 10/14, 10/21, 10/28 5 P.M. – 7 P.M.

❖ SATURDAYS — OPEN WORKOUT for **Ages 8 to 12** on **Youth Baseball Field**

▪ SATURDAY: 10/01, 10/08, 10/15, 10/22, 10/29 10 A.M. – 12 P.M.

— OPEN WORKOUT for **Ages 13 to 17** on **Auxiliary Field**

▪ SATURDAY: 10/01, 10/08, 10/15, 10/22, 10/29 10 A.M. – 12 P.M.

— Introduction to Baseball (T-Ball) for **Ages 5 to 7** on **Youth Baseball Field**

▪ SATURDAY: 10/01, 10/08, 10/15, 10/22, 10/29 9 A.M. – 10 A.M.

❖ SUNDAYS — OPEN WORKOUT for **Ages 13 to 17** on **Auxiliary Field**

▪ SUNDAY: 10/02, 10/09, 10/16, 10/23, 10/30 10 A.M. – 12 P.M.

## YOUTH BASEBALL PROGRAMS—Ages 5 to 7

❖ SATURDAYS — Introduction to Baseball (T-Ball) for **Ages 5 to 7** on **Youth Baseball Field**

▪ **SATURDAY: 10/01, 10/08, 10/15, 10/22, 10/29 9 A.M. – 10 A.M.**

❖ Academy CLOSED Mondays—PLEASE SEE THE OTHER SIDE FOR THE OPEN WORKOUT CALENDAR

**❖ ALWAYS REMEMBER TO CHECK OUR BLOG FOR ANY UPDATES AND LAST MINUTE CHANGES**

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901 E. Artesia Blvd., Compton, CA 90221 on the El Camino College Compton Center campus

OFFICE HOURS: Tue—Fri 10 a.m. to 6 p.m., Sat 9 a.m. to 3 p.m., SUNDAY & MONDAY CLOSED

Contact us via email at [ComptonUYA@MLB.com](mailto:ComptonUYA@MLB.com) or call (310) 763-3479

**Please Read The Other Side Of This Calendar For More Information**



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# OCTOBER 2016—Baseball Workout Schedule

901 E. Artesia Blvd., Compton, CA 90221 on the El Camino College Compton Center campus

**OFFICE HOURS: Tue—Fri 10 a.m. to 6 p.m., Sat 9 a.m. to 3 p.m., SUNDAY & MONDAY CLOSED**

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**Please Read The Other Side Of This Calendar For More Information**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p><b>Members are advised to Arrive 15-30 minutes prior to Scheduled workout times</b></p> </div>						<p><b>1</b> —Ages 5 to 7: Introduction to Baseball (T-Ball) •9 a.m. to 10 a.m. <b>Youth Baseball Field</b> —Ages 8 to 12: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Youth Baseball Field</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  —Fall Wood Bat League</p>	
<p><b>2</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  SCOUT BALL LEAGUE  <u>ACADEMY OFFICE CLOSED</u></p>	<p><b>3</b> <u>NO WORKOUTS</u> <u>ACADEMYCLOSED</u>  <u>ACADEMY</u> <u>OFFICE CLOSED</u></p>	<p><b>4</b> —Ages 13 to 17 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Auxiliary Field</b></p>	<p><b>5</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Youth Baseball Field</b></p>	<p><b>6</b> —Ages 13 to 17 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Auxiliary Field</b></p>	<p><b>7</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Youth Baseball Field</b></p>	<p><b>8</b> —Ages 5 to 7: Introduction to Baseball (T-Ball) •9 a.m. to 10 a.m. <b>Youth Baseball Field</b> —Ages 8 to 12: OPEN WORKOUT •10 a.m. to 12 p.m. <b>TBD</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  —Fall Wood Bat League</p>	
<p><b>9</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  SCOUT BALL LEAGUE  <u>ACADEMY OFFICE CLOSED</u></p>	<p><b>10</b> <u>NO WORKOUTS</u> <u>ACADEMYCLOSED</u>  <u>ACADEMY</u> <u>OFFICE CLOSED</u></p>	<p><b>11</b> —Ages 13 to 17 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Auxiliary Field</b></p>	<p><b>12</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Youth Baseball Field</b></p>	<p><b>13</b> —Ages 13 to 17 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Auxiliary Field</b></p>	<p><b>14</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Youth Baseball Field</b></p>	<p><b>15</b> —Ages 5 to 7: Introduction to Baseball (T-Ball) •9 a.m. to 10 a.m. <b>Youth Baseball Field</b> —Ages 8 to 12: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Youth Baseball Field</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  —Fall Wood Bat League</p>	
<p><b>16</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  SCOUT BALL LEAGUE  <u>ACADEMY OFFICE CLOSED</u></p>	<p><b>17</b> <u>NO WORKOUTS</u> <u>ACADEMYCLOSED</u>  <u>ACADEMY</u> <u>OFFICE CLOSED</u></p>	<p><b>18</b> —Ages 13 to 17 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Auxiliary Field</b></p>	<p><b>19</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Youth Baseball Field</b></p>	<p><b>20</b> —Ages 13 to 17 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Auxiliary Field</b></p>	<p><b>21</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Youth Baseball Field</b></p>	<p><b>22</b> —Ages 5 to 7: Introduction to Baseball (T-Ball) •9 a.m. to 10 a.m. <b>Youth Baseball Field</b> —Ages 8 to 12: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Youth Baseball Field</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  —Fall Wood Bat League</p>	
<p><b>23</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  SCOUT BALL LEAGUE  <u>ACADEMY OFFICE CLOSED</u></p>	<p><b>24</b> <u>NO WORKOUTS</u> <u>ACADEMYCLOSED</u>  <u>ACADEMY</u> <u>OFFICE CLOSED</u></p>	<p><b>25</b> —Ages 13 to 17 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Auxiliary Field</b></p>	<p><b>26</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Youth Baseball Field</b></p>	<p><b>27</b> —Ages 13 to 17 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Auxiliary Field</b></p>	<p><b>28</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. <b>Youth Baseball Field</b></p>	<p><b>29</b> —Ages 5 to 7: Introduction to Baseball (T-Ball) •9 a.m. to 10 a.m. <b>Youth Baseball Field</b> —Ages 8 to 12: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Youth Baseball Field</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  —Fall Wood Bat League</p>	
<p><b>30</b> —Ages 13 to 17: OPEN WORKOUT •10 a.m. to 12 p.m. <b>Auxiliary Field</b>  SCOUT BALL LEAGUE  <u>ACADEMY OFFICE CLOSED</u></p>	<p><b>31</b> <u>NO WORKOUTS</u> <u>ACADEMYCLOSED</u>  <u>ACADEMY</u> <u>OFFICE CLOSED</u></p>	<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p><b><u>ALWAYS CHECK OUR BLOG FOR ANY UPDATES AND LAST MINUTE CHANGES <a href="http://mlburbanyouthacademy.mlblogs.com">mlburbanyouthacademy.mlblogs.com</a></u></b></p> </div>					