



For up to date information, visit our blog at: [mlburbanyouthacademy.mlblogs.com](http://mlburbanyouthacademy.mlblogs.com)

Contact us via email at [ComptonUYA@MLB.com](mailto:ComptonUYA@MLB.com) or call (310) 763-3479

# November 2016 Baseball Workout Schedule

Workouts will be held on the dates and times listed below.

Members, please arrive 15 to 30 minutes prior to scheduled workout times.

## BASEBALL OPEN WORKOUTS BY AGE GROUPS

Academy Members may participate in workouts for their respective age group on the days listed below.

For safety reasons, members may be placed in different workout groups or instructed to attend different workouts, regardless of age, based on our assessment of their skills. **Please participate only in appropriate workouts designated by our staff.**

We appreciate your understanding and cooperation in helping us create a safe and consistent development environment.

### ❖ TUESDAYS & THURSDAYS — OPEN WORKOUT for **Ages 13 to 18** on **Auxiliary Field**

▪ TUESDAY: 11/01, 11/08, 11/15, 11/29 5 P.M. – 7 P.M.

▪ THURSDAY: 11/03, 11/10, 11/17 5 P.M. – 7 P.M.

### ❖ WEDNESDAYS & FRIDAYS — OPEN WORKOUT for **Ages 8 to 12** on **Youth Baseball Field**

▪ WEDNESDAY: 11/02, 11/09, 11/16, 11/30 5 P.M. – 7 P.M.

▪ FRIDAY: 11/04, 11/18 5 P.M. – 7 P.M.

### ❖ SATURDAYS — OPEN WORKOUT for **Ages 8 to 12** on **Youth Baseball Field**

▪ SATURDAY: 11/05, 11/19 10 A.M. – 12 P.M.

— OPEN WORKOUT for **Ages 13 to 18** on **Auxiliary Field**

▪ SATURDAY: 11/05, 11/19 10 A.M. – 12 P.M.

— Introduction to Baseball (T-Ball) for **Ages 5 to 7** on **Youth Baseball Field**

▪ SATURDAY: 11/05, 11/19 9 A.M. – 10 A.M.

### ❖ SUNDAYS — OPEN WORKOUT for **Ages 13 to 18** on **Auxiliary Field**

▪ SUNDAY: 11/06, 11/13, 11/20 10 A.M. – 12 P.M.

## PITCHING & CATCHING INSTRUCTION

### ❖ WEDNESDAYS — **Ages 8 to 12** — Catching 5 p.m. to 6 p.m. — Pitching 6 p.m. to 7:30 p.m.

▪ WEDNESDAYS: 11/02, 11/09, 11/16, 11/30

### ❖ THURSDAYS — **Ages 12 to 18** — Catching 5 p.m. to 6 p.m. — Pitching 6 p.m. to 7:30 p.m.

▪ THURSDAYS: 11/03, 11/10, 11/17

### NO WORKOUTS DATES

❖ FRIDAY 11/11/2016 — NO WORKOUTS — Veterans Day Holiday

❖ SATURDAY 11/12/2016 — NO WORKOUTS — Compton 10th Anniversary Event

❖ TUESDAY 11/22/2016 — NO WORKOUTS — 12th Annual Healthy Family Update & Turkey Giveaway

❖ WEDNESDAY 11/23/2016 thru MONDAY 11/28/2016 — ACADEMY CLOSED for THANKSGIVING

901 E. Artesia Blvd., Compton, CA 90221 on the El Camino College Compton Center campus

OFFICE HOURS: Tue—Fri 10 a.m. to 6 p.m., Sat 9 a.m. to 3 p.m., SUNDAY & MONDAY CLOSED

Contact us via email at [ComptonUYA@MLB.com](mailto:ComptonUYA@MLB.com) or call (310) 763-3479

**Please Read The Other Side Of This Calendar For More Information**

Academy CLOSED Mondays—PLEASE SEE THE OTHER SIDE FOR THE OPEN WORKOUT CALENDAR

**❖ ALWAYS REMEMBER TO CHECK OUR BLOG FOR ANY UPDATES AND LAST MINUTE CHANGES**

**[mlburbanyouthacademy.mlblogs.com](http://mlburbanyouthacademy.mlblogs.com)**



For up to date information, visit our blog at: [mlburbanyouthacademy.mblogs.com](http://mlburbanyouthacademy.mblogs.com)

# NOVEMBER 2016—Baseball Workout Schedule

901 E. Artesia Blvd., Compton, CA 90221 on the El Camino College Compton Center campus

**OFFICE HOURS: Tue—Fri 10 a.m. to 6 p.m., Sat 9 a.m. to 3 p.m., SUNDAY & MONDAY CLOSED**

Contact us via email at [ComptonUYA@MLB.com](mailto:ComptonUYA@MLB.com) or call (310) 763-3479

**Please Read The Other Side Of This Calendar For More Information**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>Members are advised to Arrive 15-30 minutes prior to Scheduled workout times</b></p>		<p><b>1</b> —Ages 13 to 18 OPEN WORKOUT •5 p.m. to 7 p.m. Auxiliary/ Showcase Field</p>	<p><b>2</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. —Ages 8 to 12 Catching Instruction •5 p.m. to 6 p.m. —Ages 8 to 12 Pitching Instruction •6 p.m. to 7:30 p.m. Auxiliary/Showcase Field</p>	<p><b>3</b> —Ages 13 to 18 OPEN WORKOUT •5 p.m. to 7 p.m. —Ages 13 to 18 Catching Instruction •5 p.m. to 6 p.m. —Ages 13 to 18 Pitching Instruction •6 p.m. to 7:30 p.m. Auxiliary/Showcase Field</p>	<p><b>4</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. Auxiliary/Showcase Field</p>	<p><b>5</b> —Ages 5 to 7 Introduction to Baseball (T-Ball) •9 a.m. to 10 a.m. Youth Baseball Field —Ages 8 to 12 OPEN WORKOUT •10 a.m. to 12 p.m. Youth Baseball Field —Ages 13 to 18 OPEN WORKOUT •10 a.m. to 12 p.m. Auxiliary Field</p>	
<p><b>6</b> —Ages 13 to 18 OPEN WORKOUT •10 a.m. to 12 p.m. Auxiliary Field</p> <p><u>ACADEMY OFFICE CLOSED</u></p> <p><u>Daylight Savings Time Change Set Clock Back 1 Hour</u></p>	<p><b>7</b> <u>NO WORKOUTS</u> <u>ACADEMY CLOSED</u></p> <p><u>ACADEMY OFFICE CLOSED</u></p>	<p><b>8</b> —Ages 13 to 18 OPEN WORKOUT •5 p.m. to 7 p.m. Auxiliary/ Showcase Field</p> <p><u>ELECTION DAY</u></p>	<p><b>9</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. —Ages 8 to 12 Catching Instruction •5 p.m. to 6 p.m. —Ages 8 to 12 Pitching Instruction •6 p.m. to 7:30 p.m. Auxiliary/Showcase Field</p>	<p><b>10</b> —Ages 13 to 18 OPEN WORKOUT •5 p.m. to 7 p.m. —Ages 13 to 18 Catching Instruction •5 p.m. to 6 p.m. —Ages 13 to 18 Pitching Instruction •6 p.m. to 7:30 p.m. Auxiliary/Showcase Field</p>	<p><b>11</b> <u>VETERANS DAY</u></p> <p><u>NO WORKOUTS</u></p>	<p><b>12</b> <u>COMPTON 10th ANNIVERSARY EVENT</u></p> <p><u>NO WORKOUTS</u></p>	
<p><b>13</b> —Ages 13 to 18 OPEN WORKOUT •10 a.m. to 12 p.m. Auxiliary Field</p> <p><u>ACADEMY OFFICE CLOSED</u></p>	<p><b>14</b> <u>NO WORKOUTS</u> <u>ACADEMY CLOSED</u></p> <p><u>ACADEMY OFFICE CLOSED</u></p> <p><b>2016 UYA CELEBRITY GOLF TOURNAMENT at the Wilshire Country Club</b></p>	<p><b>15</b> —Ages 13 to 18 OPEN WORKOUT •5 p.m. to 7 p.m. Auxiliary/ Showcase Field</p>	<p><b>16</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. —Ages 8 to 12 Catching Instruction •5 p.m. to 6 p.m. —Ages 8 to 12 Pitching Instruction •6 p.m. to 7:30 p.m. Auxiliary/Showcase Field</p>	<p><b>17</b> —Ages 13 to 18 OPEN WORKOUT •5 p.m. to 7 p.m. —Ages 13 to 18 Catching Instruction •5 p.m. to 6 p.m. —Ages 13 to 18 Pitching Instruction •6 p.m. to 7:30 p.m. Auxiliary/Showcase Field</p>	<p><b>18</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. Auxiliary/Showcase Field</p>	<p><b>19</b> —Ages 5 to 7 Introduction to Baseball (T-Ball) •9 a.m. to 10 a.m. Youth Baseball Field —Ages 8 to 12 OPEN WORKOUT •10 a.m. to 12 p.m. Youth Baseball Field —Ages 13 to 18 OPEN WORKOUT •10 a.m. to 12 p.m. Auxiliary Field</p>	
<p><b>20</b> —Ages 13 to 18 OPEN WORKOUT •10 a.m. to 12 p.m. Auxiliary Field</p> <p><u>ACADEMY OFFICE CLOSED</u></p>	<p><b>21</b> <u>NO WORKOUTS</u> <u>ACADEMY CLOSED</u></p> <p><u>ACADEMY OFFICE CLOSED</u></p>	<p><b>22</b> <b>12th Annual Healthy Family Update and Turkey Giveaway</b></p> <p><u>NO WORKOUTS</u></p>	<p><b>23</b> <u>NO WORKOUTS</u></p>	<p><b>24</b> <u>ACADEMY CLOSED</u> <u>NO WORKOUTS</u></p> <p><b>THANKSGIVING DAY</b></p>	<p><b>25</b> <u>ACADEMY CLOSED FOR THANKSGIVING WEEKEND</u> <u>NO WORKOUTS</u></p>	<p><b>26</b> <u>ACADEMY CLOSED FOR THANKSGIVING WEEKEND</u> <u>NO WORKOUTS</u></p>	
<p><b>27</b> <b>ACADEMY CLOSED FOR THANKSGIVING WEEKEND</b></p> <p><u>NO WORKOUTS</u></p>	<p><b>28</b> <u>NO WORKOUTS</u> <u>ACADEMY CLOSED</u></p> <p><u>ACADEMY OFFICE CLOSED</u></p>	<p><b>29</b> —Ages 13 to 18 OPEN WORKOUT •5 p.m. to 7 p.m. Auxiliary/ Showcase Field</p>	<p><b>30</b> —Ages 8 to 12 OPEN WORKOUT •5 p.m. to 7 p.m. —Ages 8 to 12 Catching Instruction •5 p.m. to 6 p.m. —Ages 8 to 12 Pitching Instruction •6 p.m. to 7:30 p.m. Auxiliary/Showcase Field</p>	<p><b>ALWAYS CHECK OUR BLOG FOR ANY UPDATES AND LAST MINUTE CHANGES</b> <a href="http://mlburbanyouthacademy.mblogs.com">mlburbanyouthacademy.mblogs.com</a></p>			