



# DECEMBER 2016—Softball Open Workout Schedule

901 E. Artesia Blvd., Compton, CA 90221 on the El Camino College Compton Center campus

**OFFICE HOURS: Tue—Fri 10 a.m. to 6 p.m., Sat 9 a.m. to 3 p.m., SUNDAY & MONDAY CLOSED**

Contact us via email at [ComptonUYA@MLB.com](mailto:ComptonUYA@MLB.com) or call (310) 763-3479

For more information, visit our blog at: [mlburbanyouthacademy.mlblogs.com](http://mlburbanyouthacademy.mlblogs.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> <b>SOFTBALL FIELD</b> —Ages 13 to 18 Open Workout/ <b>Mental Training</b> • 4 p.m. to 6:30 p.m.	<b>2</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 4 p.m. to 5:30 p.m.	<b>3</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 9 a.m. to 10:30 a.m. —Ages 13 to 18 Open Workout • 11 a.m. to 12:30 p.m.
<b>4</b> <u>NO WORKOUTS</u>  <u>ACADEMY OFFICE CLOSED</u>	<b>5</b> <u>NO WORKOUTS</u>  <u>ACADEMY CLOSED</u>  <u>ACADEMY OFFICE CLOSED</u>	<b>6</b> <b>SOFTBALL FIELD</b> —Ages 13 to 18 Open Workout 4 p.m. to 5:30 p.m. —Ages 7 to 12 <b>Beginners</b> Pitching Instruction • 4 p.m. to 5 p.m. —Ages 7 to 12 <b>Intermediate</b> Pitching Instruction • 4:50 p.m. to 6 p.m.	<b>7</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 4 p.m. to 5:30 p.m. —Ages 10 to 18 <b>Beginners</b> Catching Instruction • 4 p.m. to 5 p.m. —Ages 10 to 18 <b>Advanced</b> Catching Instruction • 5 p.m. to 6 p.m.	<b>8</b> <b>SOFTBALL FIELD</b> —Ages 13 to 18 Open Workout/ <b>Mental Training</b> • 4 p.m. to 6:30 p.m.	<b>9</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 4 p.m. to 5:30 p.m.	<b>10</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 9 a.m. to 10:30 a.m.  Uptown Long Beach Girls Softball Clinic • 12 p.m. to 2 p.m.
<b>11</b> <u>NO WORKOUTS</u>  <u>ACADEMY OFFICE CLOSED</u>	<b>12</b> <u>NO WORKOUTS</u> <u>ACADEMY CLOSED</u> <u>ACADEMY OFFICE CLOSED</u>	<b>13</b> <b>SOFTBALL FIELD</b> —Ages 13 to 18 Open Workout 4 p.m. to 5:30 p.m. —Ages 7 to 12 <b>Beginners</b> Pitching Instruction • 4 p.m. to 5 p.m. —Ages 7 to 12 <b>Intermediate</b> Pitching Instruction • 4:50 p.m. to 6 p.m.	<b>14</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 4 p.m. to 5:30 p.m. —Ages 10 to 18 <b>Beginners</b> Catching Instruction • 4 p.m. to 5 p.m. —Ages 10 to 18 <b>Advanced</b> Catching Instruction • 5 p.m. to 6 p.m.	<b>15</b> <b>SOFTBALL FIELD</b> —Ages 13 to 18 Open Workout/ <b>Mental Training</b> • 4 p.m. to 6:30 p.m.	<b>16</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 4 p.m. to 5:30 p.m.	<b>17</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 9 a.m. to 10:30 a.m. —Ages 13 to 18 Open Workout • 11 a.m. to 12:30 p.m.
<b>18</b> <u>NO WORKOUTS</u>  <u>ACADEMY OFFICE CLOSED</u>	<b>19</b> <u>NO WORKOUTS</u>  <u>ACADEMY CLOSED</u>  <u>ACADEMY OFFICE CLOSED</u>	<b>20</b> <b>SOFTBALL FIELD</b> —Ages 13 to 18 Open Workout 4 p.m. to 5:30 p.m. —Ages 7 to 12 <b>Beginners</b> Pitching Instruction • 4 p.m. to 5 p.m. —Ages 7 to 12 <b>Intermediate</b> Pitching Instruction • 4:50 p.m. to 6 p.m.	<b>21</b> <b>SOFTBALL FIELD</b> —Ages 7 to 12 Open Workout • 4 p.m. to 5:30 p.m. —Ages 10 to 18 <b>Beginners</b> Catching Instruction • 4 p.m. to 5 p.m. —Ages 10 to 18 <b>Advanced</b> Catching Instruction • 5 p.m. to 6 p.m.	<b>22</b>  <u>NO WORKOUTS</u>	<b>23</b>  <u>NO WORKOUTS</u>	<b>24</b>  <u>NO WORKOUTS</u>
<b>25</b> <u>NO WORKOUTS</u>  <u>ACADEMY OFFICE CLOSED</u>	<b>26</b> <u>NO WORKOUTS</u>  <u>ACADEMY CLOSED</u>  <u>ACADEMY OFFICE CLOSED</u>	<b>27</b>  <u>TBD</u>	<b>28</b>  <u>TBD</u>	<b>29</b>  <u>TBD</u>	<b>30</b>  <u>TBD</u>	<b>31</b>  <u>NO WORKOUTS</u>